

## WALKING ROUTE NOTES - PLEASE READ

All routes are undertaken entirely at your own risk. Ensure you are properly equipped with sufficient food, suitable footwear and wind and waterproof outdoor clothing. Take the relevant Map with you and familiarise yourself with the use of a compass and bring this with you at all times. All route timings are calculated on the time we would expect a reasonably fit person to complete the route with minimal stops. Please allow longer if you intend to relax and enjoy the views to the full, or if you feel your fitness levels are lower.

These route notes are intended as helpful guidance only. You should be experienced in reading maps and using a compass prior to undertaking any walks in upland areas or remote coastal locations. You must use your judgement in order to decide whether the suggested daily route is within your capabilities, giving careful consideration to the wind and weather conditions on the day. You are solely responsible for your own safety and well-being in wilderness areas and you must undertake all walks at your own risk.

While we will do everything we possibly can to assist you in the unfortunate event of any accident or mishap, Wilderness Ireland Ltd will accept no responsibility for any accident or injury sustained during the course of your self-guided walking holiday.

## READING GRID REFERENCES ("GR's")

We have provided route notes, maps and guidebooks in relation to your self guided trail. While the route ways are signposted, we recommend you are familiar with map reading and we provide Ordnance Survey maps for your use. We can also provide the following grid reference guidelines for information:

The national grid splits Ireland up into  $5 \times 5 = 25$  grid squares measuring 100km x 100km. Each square has a letter of the alphabet ( the letter 'I' is omitted ). Any point in Ireland can be identified by the grid-square letter followed by the six digits of easting and northing. A grid reference is a combination of two numbers that identify a position on a map. One number counts across from left to right (west to east) - this is the easting. The second number counts up from bottom to top (south to north) this is the northing. The grid reference is the easting, followed by the northing.

### Discovery Series Map Grid

Let's give a grid reference for Lugnaquilla with the following steps.

Identify letters for 100,000 metre grid square in which the point is located. Grid Square T.

The bottom left of each lettered square starts at 0 and goes to 100 in each direction. Each incremental square measures 1,000 metres on the ground. Quote the eastings. Locate the grid line immediately left of the point, read the large figures labelling the line either on the top or bottom of the margin of the map. Then estimate in tenths from grid line to point. Grid line 03 estimation 2. **Eastings 032**

Quote the Northings. Locate the grid line immediately below the point, read the large figures labelling the line either on the top or bottom of the margin of the map. Then estimate in tenths from grid line to point. Grid line 91 estimation 8. **Northing 918.**

Sample reference T 032 918 For local reference, letter may be omitted.

**On Call Number:**

Wilderness Ireland operates an on-call number for after hours use should you have a need to contact us - +353 (0) 86 8737223. If you experience a medical emergency, FIRST RING 999 or 112 and ask for Mountain Rescue.

**Close any gates you may have to open, be aware of livestock/ grazing animals and always respect the land you are enjoying. Wilderness Ireland operates the 'Leave No Trace' principles. Ensure you take away any waste/ rubbish with you and dispose of it at your accommodation. When walking on public roads, please remember that in Ireland we drive on the left hand side. If there are no public footpaths you should always ensure you walk on right facing oncoming traffic.**

**GENERAL INFORMATION****BED & BREAKFAST**

Breakfast is included at all stages of your trip, barring day one and two. This may be a mixture of an inhouse breakfast or an outsourced cafe or other premises. We have tried to ensure the information contained in your itinerary is as up to date as possible but changes can happen at short notice. Please enquire with your accommodation as to the breakfast arrangements upon check in.

**PACKED LUNCHES**

These are not included but can be ordered from most establishments, provided that you order upon arrival.

Additionally, in Enniskerry (day 2) and Roundwood (day 3) there are cafes, shops or restaurants where you can buy lunch. Your accommodation host will be able to advise you on this. Wilderness Ireland promotes a policy of reducing plastic where possible and encourage you to bring a reusable water bottle.

**EVENING MEALS**

These are not included but are available locally at all stages. It is advised that evening meals are booked in advance.

**DIETARY/MEDICAL REQUIREMENTS**

Please advise the accommodation owners on arrival if you are vegetarian, vegan or have any other special dietary requirements.

**IMPORTANT - LATE ARRIVALS**

Accommodation providers ask walkers to telephone them to advise if they intend arriving any later than 1800 hrs. Walkers who do not arrive at their intended overnight stop will cause grave concern in respect of safety, so co- operation in this matter is greatly appreciated. Contact phone numbers for all of your accommodations are provided in this pack.

## **CREDIT CARDS**

(CC) symbol. This means that the establishments will accept credit cards (visa and MasterCard are widely accepted but not Diners or American Express). ATM/ Cash points are available in Dublin airport upon arrival and some supermarkets and villages however we recommend using cards where possible and do not carry large amounts of cash.

## **INSURANCE**

Our aim is for you to have the best experience possible whilst in Ireland. We are aware that unforeseen

circumstances can be quite challenging so our advice to all of our guests is to take out relevant insurance to help make things less of a challenge if the unforeseen happens.

## **TAXI NUMBERS**

### **Enniskerry**

Wicklow Way Baggage (Teresa/Gerry) - +353 (0)86 269 8659

Kevin Mulvey - +353 (0)87 257 2973

### **Roundwood**

Kevin Mulvey - +353 (0)87 257 2973

Glendalough Cabs (John) - +353 (0)87 972 9452

### **Glenmalure**

Glendalough Cabs (John) - +353 (0)87 972 9452

### **Aughrim**

Glendalough Cabs (John) - +353 (0)87 972 9452